D1220 Community Service Hands-on local projects by clubs in our District

Presented at District Council 25.03.15 by Rtn Sandra Morrey D1220 Community Service Chair (informative notes included)



It is a sad fact of life that this needs to be done here in the UK but fortunately a lot of Rotary Clubs across our District, and of course the rest of the UK, regularly support their local foodbanks with donations of food. Some also have members who volunteer for the foodbanks in a number of roles, administration, filling up the bags, giving them out to those in needs, etc.



Slightly different from the usual collections of tinned and packaged goods. Rotarians from Derby and Derby Daybreak Clubs collect fresh produce donated to local schools and churches during Harvest celebrations. They then prepare and freeze the food to supply the freezers at the Padley Centre.

HELPING DISADVANTAGED MEMBERS OF OUR COMMUNITY

DERBY DAYBREAK – Fitted a new kitchen at the Padley Centre



Slightly different from the usual collections of tinned and packaged goods. Rotarians from Derby and Derby Daybreak Clubs collect fresh produce donated to local schools and churches during Harvest celebrations. They then prepare and freeze the food to supply the freezers at the Padley Centre.



Guests at the Christmas party enjoyed a meal and entertainment by local singer Lorraine Swann

SOCIAL EVENTS FOR THE COMMUNITY

BEESTON - Lunch for those who are housebound

SOUTHWELL – Caudwell House Christmas Party

BURTON ON TRENT – Christmas lunch for homeless and disadvantaged

Just three examples of clubs who are providing social events for groups in their local area.





Free Afternoon Tea event for the pensioners of the town where Hucknall Rotary and Inner Wheel clubs provide a meal and entertainment for over 100 people. Doing this since 1950 and usually hold it around April/May.

As well as afternoon refreshments, the group of townsfolk enjoyed entertainment provided by students of Holgate Academy, music and dancing kept the event lively and there was also a chance for a chat and a talk of times gone by whilst being served by members of the Rotary and Inner Wheel.

SOCIAL EVENTS FOR THE COMMUNITY

CARLTON – 94 senior citizens enjoyed Dick Whittington at Burton Joyce



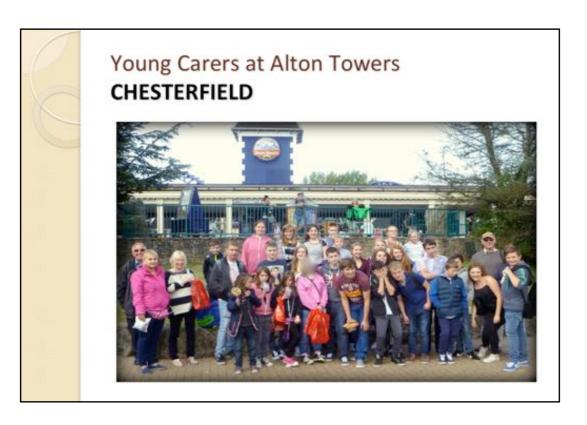
Thanks to Carlton Rotary Club, 94 local senior citizens were able to enjoy an afternoon at the Burton Joyce pantomime Dick Whittington in January.

SOCIAL EVENTS FOR THE COMMUNITY

TRENT BRIDGE – Pupils from Nethergate Special School went to see Sleeping Beauty



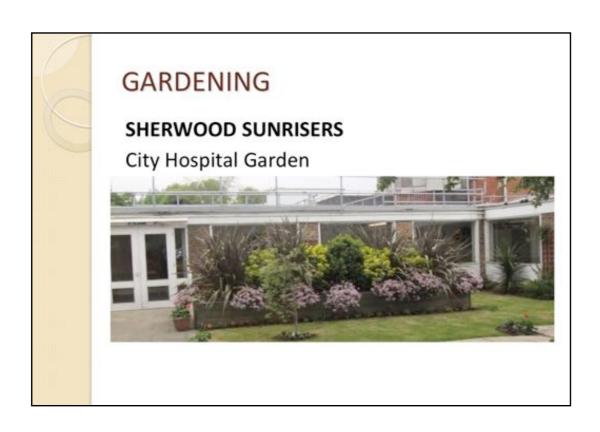
Pupils from Nethergate Special School in Clifton enjoyed an afternoon at the pantomime Sleeping Beauty, courtesy of Trent Bridge Rotary Club.



A group of smiling youngsters who have enjoyed a fun day away from their individual day to day caring roles,. The opportunity to enjoy a day out at Alton Towers with others in similar situations to themselves was provided by the Rotary Club of Chesterfield.



Second visit of the week by the Chesterfield Club. Happy, smiling youngsters who enjoyed their trip to Alton Towers. Fairplay is a support group for families who have children with special needs.



Sherwood Sunrisers continue to maintain this beautiful garden which they created at the City Hospital a few years ago. It is enjoyed by patients, visitors and staff.



Look at this headline in the Hucknall Dispatch!! ROTARIANS GET HANDS ON – what a brilliant banner over the article. Teaching Assistant, Amy Tomlinson, approached Hucknall Rotary Club to ask for help transform the school gardens. The club replaced a rotten fence around the pond area with a much sturdier construction and Club Rotarians are now in the middle of creating vegetable plots, for the pupils to grow their own produce.



Removing the old , damaged fencing and replacing it with new, sturdier fencing around the school pond.



Hard at work preparing the beds at Leen Mills Primary School for the pupils to grow their own veggies and other plants. This work has so far taken many hours put in by a number of club members and will continue until the project is complete and the beds are ready for the pupils to do the planting.

PLANTING

LONG EATON – 3,000 crocuses planted in Long Eaton Green by **Interactors** from Long Eaton School



The local community in Long Eaton will benefit from this project by enjoying the swathe of purple when the flowers bloom in Long Eaton Green. This project has elements of Joined up Rotary with Community and International and also the family of Rotary with the use of Interactors to plant the bulbs, money raised will go to Polio Eradication.



The local council had revamped the market area but had no-one to take on the stalls. So the two local clubs got together and went in search of small, local, food producers and persuaded them to take up stalls.

Extract from local media information:

President Rod Gent of Rotary Club of Burton upon Trent added: "The Rotary Club of Burton upon Trent continues to work within the community for the benefit of local people and we are pleased to join the Rotary Club of Bretby in close liaison with ESBC to bring a Farmers' Market to Burton and give everyone the chance to buy fresh locally produced and grown produce once a month in Burton's fine and newly refurbished Market Hall."

President Vic Trigwell of Rotary Club of Bretby said: "Rotary is for helping Communities and we think a Farmers' Market, with fresh local produce, is something people would like to see in town. Hopefully, there will be a good response on November 13th."

This outlet for their produce also ensures some measure of financial security for

FARMERS' MARKET

BURTON & BRETBY

Look who's got a stall in the new market!





Castle Donington Rotarians are trained by the local Fire Service to fit the smoke alarms safely.

WHAT A DIRTY JOB!!

DERBY DAYBREAK – Rotarians cleaned a pile of donated shoes to sell at the Padley Centre 'Nearly New' Sale organised by Assistant Governor Olivia



Well, someone had to do it if they were to get sold and raise much needed funds!!

SPORTS

BAKEWELL – Sailability – freedom on the water for those who are physically disabled



Sailability is a generic term applied to sail training for physically disabled people, especially the young disabled. Many young disabled people have been given the chance to experience and take part in a sport that would have otherwise been barred to them and enables them to compete on equal terms to the able bodied. Rotary in the UK has a long history of involvement in Sailability.

The Rotary Club of Bakewell has been closely involved for almost ten years through close links forged with Sailability at Carsington Sailing Club (CSC). For a number of years Bakewell Rotary members have given able bodied support to Sailability training sessions and racing events. A major step forward was when Bakewell Rotary Club raised funds to build two sailing dinghies specially designed for disabled sailors The boats (A303 class dinghies, named *Paul Harris* and *Andrew Cavendish*) may be sailed either single handed or double handed.

A recent donation of £10,000 from a legacy left by Rtn Roger Mercer will enable the Sailing Club to purchase an RS Venture dinghy to add to the Carsington Sailability fleet.

SPORTS NOTTINGHAM ROTARY FOOTBALL CLUB



Jake Spencer of Strelley and his pals wanted to play five a side football. But whatever teams they tried there were no vacancies. So Jake asked his Dad Rotarian Chris Spencer if he could help. Never one to give up on a challenge Chris decided to set up their own team after failing to find a team that could accommodate them. A year later with help from his Rotary Club and local councillors, the Nottingham Rotary Club Football team is enjoying the fruits of their hard work. They play at the Thane Road Power league Centre in Nottingham Rotary Club kit and have surprised everyone including Chris by how successful they are.

Starting off in Division 8 they have been promoted continuously until now they are in Division 3. Now they have found themselves a qualified coach, a relative of one of the players, and they are hoping for even better things to come.

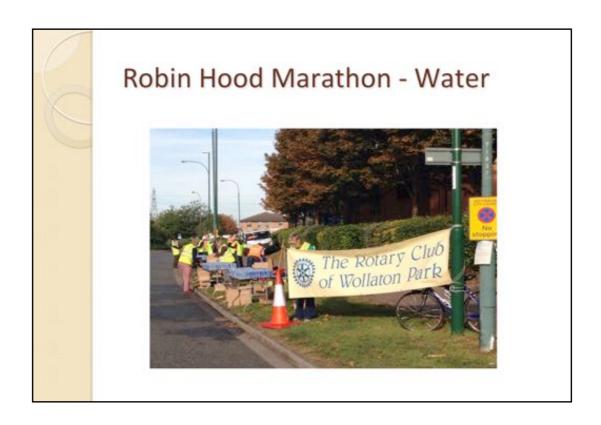
Addendum to presentation on 25.03.15.

In March 2015 they received their division 5 winners trophy and achieved second place in Division 3.

Also in March, Nottingham Rotary F C won a Bilborough Gems Local Award for the community spirit the lads have shown by forming the team, encouraging sport activities and raising monies for charities. This award is well deserved - The



Hucknall Rotary President, Ian Young is joined by members of the 4th and 8th Hucknall Guides at a sponsored swim event at the Leisure Centre on Saturday afternoon to raise money for their group along with the Boys Brigade, Framework, the Thursday Club, 1803 Air Cadets and Pyramid Acrobatic Club.



Wollaton Park providing water to runners, as well as marshals for the marathon.

HEALTH & LEARNING DIFFICULTIES

- Arthritis Support Group Hucknall
- Health Awareness Days Various
- The Thursday Group Hucknall
- Hearing Link checking that loops work

The Arthritis Support Group. RC of Hucknall got involved in the 1990's when an announcement for help was given in the local community as the group was in fear of closing due to lack of help. Initially our involvement was transporting older people to the meeting, but evolved into our Club being responsible for the whole thing, both the transportation and the monthly sessions. The Arthritis Group meet on the first Tuesday of every month between 7.15- 9.00 at the John Godber Centre, Hucknall.

The Thursday Club meets every week between 7pm and 9pm for young people (and their carers) with learning and health difficulties at the Interchange Youth Centre, Hucknall. I believe that the club started it 20 years ago (1995) and encouraged it to be self-sustaining although we still provide members each week to help supervise the sessions. As an 11 year old boy Steven Haywood was one of the first Thursday Club members and is now (at 32) the youngest rotarian in our club.



This cafe was set up by Rtn Sandra Morrey and volunteers from the Rotary Club of West Bridgford , together with members of the West Bridgford Methodist Church, as a joint project in December 2013. The cafe provides a much needed social afternoon for those living with dementia along with their family members and carers. The session includes reminiscence activities, afternoon tea, singing, etc. Fun and friendship for those who can feel very isolated living with this condition.

Vale of Belvoir club members came regularly to our cafe for a few months to see how it worked and they have now set up one in Cotgrave, also once a month.

Hearing Link – needs volunteers to check out hearing loops in their local shops, banks, churches, etc. If you wear a hearing aid or have a cochlear implant then YOU can help!

If you want to know more then contact Rtn Sandra Morrey – <u>sandra@morrey.biz</u> or 0115 9231092 as she is the Midlands rep for REPoD – Rotarians Easing the Problems of Dementia.



In addition to these two cafes – Mapperley & Arnold Rotarians support their local Alzheimer's Society memory cafe each month and there are a number of clubs in the District who are in the planning stages of setting up their own cafes.